

Year R - All About Me

Autumn Term (1)

Communication and Language

- Listening to others one to one and in small groups
- Understanding and following simple instructions
- Speaking – using a clear voice



Physical Development

- My body – self-care, toileting and hand washing
- Ways of moving - running, hopping, skipping and jumping
- Using scissors, tools and equipment safely
- Pencil control



Personal, Social and Emotional Development

- My new school and making new friends
- Resilience (our Milford School termly value)
- Becoming independent
- Staying safe

How you could help at home....

- Encourage your child to dress and undress themselves
- Practise counting objects accurately e.g. setting the table with cutlery, steps as you walk up the stairs, fruit in a bowl, red cars on a journey
- Practise recognising and writing name (in lower-case)
- Sing nursery rhymes, share books and talk about stories and pictures
- Remember coat, water bottle, book bag, reading books/reading record every day

Literacy

- Listening to stories with increasing attention and recall
- Phonics – Phase 1 and 2
- Writing name and letter formation
- Recognising some Sight Words



Understanding the World

- My home and my family
- My new friends
- Our bodies
- Knowing how to operate simple equipment
- RE – Who am I, where do I belong?



Expressive Arts and Design

- Creating self-portraits
- Experimenting with different media
- Identifying instruments
- Singing songs - 'All About Me'

Maths

- Counting games and songs, i.e. 1,2,3,4,5, once I caught a fish alive
- Counting objects to 10
- Recognise numerals 0 to 5
- Counting forwards and backwards 0 to 10
- Comparing – more and less
- 2D shapes – circle, square, rectangle, triangle
- Repeating patterns
- Sorting

