**Science**

We have been learning all about plants. Do you have any plants in your house/garden? Are they real? Or are they artificial?

Have a look at these links:

<http://www.bbc.co.uk/education/clips/ztjd7ty>

<http://resources.hwb.wales.gov.uk/VTC/plants_light_water_to_grow/eng/Introduction/Plenary.htm>

<http://resources.hwb.wales.gov.uk/VTC/plants_light_water_to_grow/eng/Introduction/MainSession.htm>

**PE**

Try this every day – you can do this inside or outside. How many star jumps/hops/tuck jumps/lunges can you do in a minute? Can you increase the number? You might like to record it in a chart.

Actively count in 2s, 5s and 10s. How high can you go?!

Look up Cosmic Yoga on youtube. There is a good Star Wars themed yoga.

Look up Supermovers on bbc.co.uk.

**Espresso**

You have been sent your login. This is a really useful resource.

Some ideas of how you could use it: watch the Key Stage 1 news which also has a quiz with it. There is a Great Fire of London topic section with activities and videos. You could also search for Plants under the Science section. This has a range of factfiles, videos and activities.